

# EQCC Completion Checklist



## Coach Cert Foundations

- 5 pre-course eLearning units
- 4 days in person
- 4+ practice coachings during the course
- 3 post-course eLearning units
- start coaching log

## Coach Cert Insights

- 10 weekly eLearning modules
- 10 weekly practice debrief coaching sessions
- 10 weekly group online/Zoom classes
- First 25 coaching hours logged
- SEI Certification practicum

## Coach Cert Solutions

- Plan for Case Study (identify client)
- 4 days in person
- 5 observed sessions (some in CCF, CCI)
- 4 post-course eLearning modules
- 4 post-course group online/ZOOM classes
- 10 Mentor Coach Hours (start in CCI)
- ICF Application