

# **EQ Tools for Education CERTIFICATION**

Earn certification in a powerful, practical set of tools for measuring and developing EQ for youth and adults.

EQTE is a blended-learning program; choose the highly-engaging in-person training – or participate entirely virtually through the online classroom



## Clear data is invaluable in education: You get what you measure.

While there are many tools to measure academic growth, there are few that focus meaningfully on the emotional side. To lead positive change in schools, and to create an evidence-based approach to SEL, metrics are key: metrics about student, teacher, and parent emotional intelligence – and assessment of the school climate as a whole.

EQTE certifies you to administer Six Seconds' normed, validated assessment tools for education:

**SEI:** Six Seconds Emotional Intelligence

Assessment and SEI 360.

**SEI-YV:** for youth ages 7-18.

**EVS**: Education Vital Signs, the

powerful school climate survey.

See more about these on the next page, or <u>read about</u> the tools on 6seconds.org.

#### EQTE take aways:

- Learn the powerful Six Seconds EQ Model and Social Emotional Learning process for education.
- Be able to deliver, interpret, and debrief the SEI, SEI-YV, and SEI 360 assessments and the EVS school climate survey.
- Develop insight on how to use the tools in your work to create an evidence-based approach to EQ development.
- Increase your own emotional intelligence.
- Join the Six Seconds'
   Certified Practitioner
   Network and associate
   yourself with a global leader
   in EQ for positive change.

Typically, attendees are **consultants**, **trainers**, **counselors**, **coaches**, and **educators** working in elementary through higher education and in community organizations/agencies. The course is relevant for all professionals seeking tools to help young people - and those who support them - put emotional intelligence into action.



### The EQTE Toolkit

Where other tests provide "diagnosis," these tools offer insight, plus a powerful framework for putting emotional intelligence into action.

- **SEI**: Emotional intelligence self-assessment for adults includes numerous report options for use in coaching, training, and professional development. Includes Six Seconds EQ Model plus outcomes including: Effectiveness, Health, Relationships and Quality of Life.
- **SEI-YV**: The best-in-class tool for measuring and developing emotional intelligence in youth (ages 7-18). The tool measures EQ linked to life outcomes: Good Health, Relationship Quality, Life Satisfaction, Personal Achievement, and Self-Efficacy.
- SEI360: Multi-rater feedback tool for adults on how they are putting the EQ competencies into action.
- **EVS**: The Education Vital Signs (EVS) is a statistically validated, normed assessment of school climate that quickly identifies areas both supporting and interfering with school success. The school climate influences critical outcomes such as thriving, safety, involvement, and learning.

The toolkit also includes introductory presentation materials and sample lessons to assist with the introduction of social emotional learning

### **Course Agenda**

EQTE begins with pre-course work taking the SEI assessment and reading about the model. In the course, we continue with an orientation to the Six Seconds Model and framework for implementing Social Emotional Learning. Then we go into detail on the tools using case studies, practical exercises, and small group projects. Participants complete six short modules in our e-learning site with resources, videos, readings, and discussion forums to support the classwork.

The program continues with post-course coaching and follow-up to practice and apply the tools, and then a final practicum. With this support, participants complete the certification and are quickly able to use the EQ assessments to measure positive change.



The Six Seconds faculty is connected to changing the world one person at a time. This work is the future.

Sheryl E. Cohen, Ph.D., Director, Stephens S Wise Temple Early Childhood Center (Los Angeles, CA)

#### Register online at www.6seconds.org/reg/

Schedule: See www.6seconds.org/events for upcoming classes

For additional information, email Jenny Wiley < jenny@6seconds.org > or Susan Stillman < susan.stillman@6seconds.org >

## Registration

Course fee: US\$1595.

Early discount (30 days in advance): \$1395.

- Pre-course work including self-assessment and preparatory e-learning modules.
- Training either through the in-person course or virtual online course (see below).
- Post-course e-learning modules, individual assessment debriefs and 1-1 practicum.
- Tools Intranet Account with \$950 in assessment credits for use of in certification completion process (for use within 90 days of training or as arranged with your facilitator).
- EQTE Consultant Kit including SEI & SEI-YV Manuals, EVS Facilitator' Workbook, slides for presenting the tools, sample reports, and supporting documents.
- Open invitation to re-attend the same course for costs-only.
- Profile on Six Seconds' website.
- Ongoing virtual meetings/trainings for certified.



## **Certification Requirements**

Certification requires completion of all coursework\*; two or three practice debriefs each with the SEI and SEI-YV, one practice debrief with the SEI-360, and one practice use of the EVS; reading & understanding of course materials; demonstration of competence through a final "practicum" (debrief a Six Seconds staff member plus verbal review of key concepts). Additional distance training and practicum will be available at \$100/hr for those who require further study to meet the practicum expectations.

For the virtual program, participation is required in at least 6 of the 7 classes (makeup sessions for missed classes available at \$100/hr).

Certifications must be completed within 90 days of the start of course or as arranged with facilitator.

#### **Blended and Virtual**

The "blended" program mixes independent online learning, three highly interactive sessions of in-person classroom training, 1-1 mentoring, and independent practice.

The "all virtual" EQTEV is also available, delivered entirely online for those who prefer a distance-learning format. Either option provides the same content; the blended option adds the "real world" experience, the virtual is more flexible

## **Virtual Classroom**

The Virtual Classroom provides real-time interaction, we all can see and hear one another and work collaboratively. Between classes, participants work in pairs and independently to deepen, integrate, and apply the learning.

In addition to seven classroom meetings (90 minutes each), participants will engage in 1-3 hours of independent work before each class, plus 5-8 hours of independent work following the last session. The assignments are a mix of working with a partner in the class, independent practice, and reading, and each session utilizes the content from the assignments. Participants will complete six modules on our e-learning site, with videos, readings, resources, and discussion forums. To join, participants will need high-speed internet connection and a microphone & headphone (or headset).



#### **About Six Seconds**

Six Seconds is a global network supporting people to create positive change - everywhere, all the time. We teach the skills of emotional intelligence to fill the "missing link" needed for people to become more aware, intentional, and purposeful so individuals, teams, organizations, families, schools and communities flourish.

Established in 1997, Six Seconds is an international nonprofit organization with offices and representatives in 25 countries and a global network of over 50,000 members.

Learn more and join us: www.6seconds.org