



EQ Educator Certification

Essential skills for social-emotional learning

A social-emotional learning (SEL) program supports students and the adults who work with them to deepen their emotional intelligence to be more effective. This EQ Educator course (EQEC) provides EQ insights, strategies, and tools to lead SEL by teaching and modeling learnable skills proven to increase academic and life success.

EQE

EMOTIONAL INTELLIGENCE
EDUCATOR CERTIFICATION

 **sixseconds**
THE EMOTIONAL INTELLIGENCE NETWORK

The Benefits of EQEC

A growing body of research demonstrates that an evidence-based approach to social emotional learning helps students increase academic achievement and do better in life. Plus, over 75% of teachers say it's a major benefit for students: It's a win-win.

Teachers who include SEL in their classrooms report a more effective learning environment, better problem-solving skills, and stronger interpersonal connections – and they end up having more time to pursue all their instructional goals.

While most teachers see the value in teaching their students to effectively understand and manage emotions, few teachers have experienced this kind of learning themselves. As a result, even very experienced teachers have a limited number of strategies and techniques to systematically teach social and emotional skills.

An effective SEL program includes:

- A developmental, research-based methodology for teaching the skills
- Processes for integrating SEL skills and concepts into the classroom
- Methods for making the SEL vocabulary and skills part of the school culture
- School climate that supports students, faculty, and parents
- Leadership team committed to a sustainable approach to school-wide SEL
- Assessments to deepen awareness, guide instruction and provide accountability for SEL interventions

EQEC provides insights, methods and tools for these key elements of social emotional learning.

I was thrilled to take this course and become part of this wonderful community of people who realized the importance of emotions. I was able to see that those involved in EQ are very special, caring individuals. It was just a joy to be with this group and these facilitators. Thank you so much! (Margo Arango, EQEC Boston).

Why?

Research indicates that well planned and well implemented SEL programs positively impact students' social, emotional, behavioral, and academic outcomes.

What?

Deepen your own EQ competencies

Learn essential best practices for EQ Classrooms

Plan for integration into classroom and school culture

Who?

Educational Consultants, Teachers, Counselors, Coaches, Parents, those working with youth in after school or community programs and anyone committed to their own and their students' social emotional learning and how to use it for student success.

When & Where?

ADD

Plus see www.6seconds.org/events

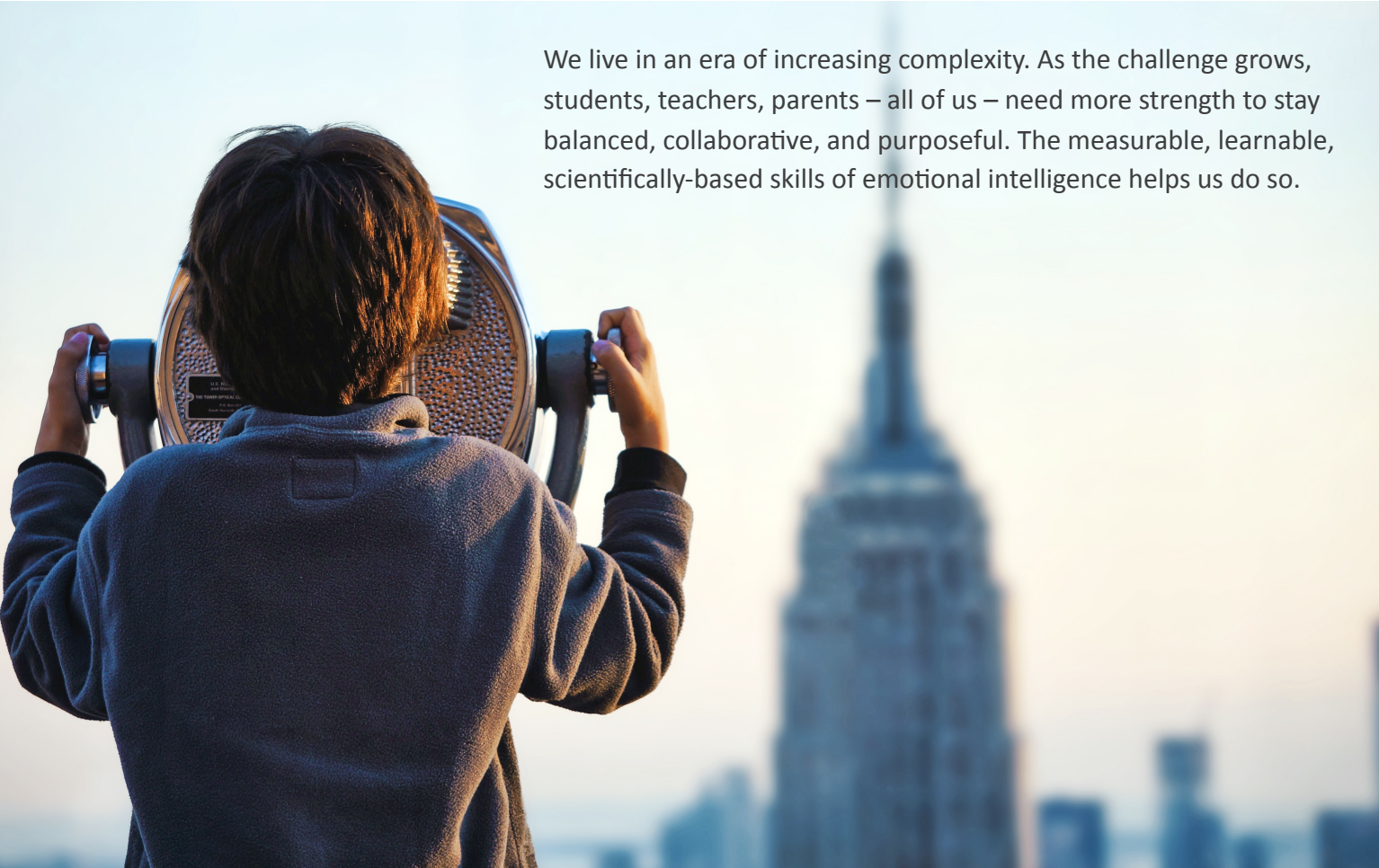
EQ Educator Benefits

This intensive 2-day-plus certification equips educators to be more effective in teaching, modeling, and integrating Social Emotional Learning (SEL). By attending, you will be better able to:

- Confidently develop and implement SEL lessons and activities in your classroom
- Apply the Six Seconds Self-Science process and model in your day-day interactions with students
- Utilize the Brain Profiles to deepen understanding of your students and your ability to assist them individually and as a group
- Effectively communicate the value of SEL to parents, other educators, and your school leaders using the EQ Educator Starter Kit
- Strengthen your own emotional intelligence to be more insightful, connected, and purposeful

Additional benefits:

- Your own certification profile on the EQ.org website
- Access to EQ.org lesson library
- Your own SEI profile and 1:1 debrief
- A copy of the acclaimed Self Science Curriculum.

A person with dark hair, seen from behind, is wearing a grey hoodie and holding binoculars to their eyes. They are looking out over a city skyline at dusk or dawn, with a prominent skyscraper (likely the Empire State Building) visible in the background. The lighting is soft and warm, suggesting the golden hour.

We live in an era of increasing complexity. As the challenge grows, students, teachers, parents – all of us – need more strength to stay balanced, collaborative, and purposeful. The measurable, learnable, scientifically-based skills of emotional intelligence helps us do so.

Registration

Register online: www.6seconds.org/reg

Cost: \$1195. Early discount (60 days in advance) \$895

10% discount for groups of 3 or more.

For more information, please contact:

Please contact ADD LOCAL CONTACT INFO HERE

For additional questions, contact Six Seconds' office: Dr. Susan Stillman, Director of Education susan.stillman@6seconds.org; Jenny Wiley, Operations Manager, jenny@6seconds.org

The Global Emotional Intelligence Network

Six Seconds is a global community practicing and sharing learnable, measurable, scientific skills to increase insight, connection and purpose.

Research shows the practice of emotional intelligence increases effectiveness, wellbeing, relationships and quality of life. So, our vision is a billion people practicing the skills of emotional intelligence worldwide. Founded in 1997, we are the first and largest organization 100% dedicated to the development of emotional intelligence. We have offices and representatives in over 25 nations and our community reaches 127 countries.

Find out more at www.6seconds.org

Businesses, government agencies, nonprofits, schools, and community organizations choose Six Seconds' tools and methods because of the global relevance, strong scientific basis, and practical application.

